Challenge your students to build the ultimate dispersal device by designing the perfect seed!

The Need for Seed: Classroom Activity

Seed dispersal is the movement of seeds away from the parent plant and, like pollination, is a process that is vital to the survival of a plant species. Since plants can't get up and drop their seeds, they need help! In this Classroom Activity, we will explore the different methods through which seeds travel, and challenge students to build a seed based on the dispersal method they have been assigned. Students will then present their designs to the class and explain the special features of their seeds that allow them to successfully disperse. This activity and follow-up discussion should take between 30-45 minutes but can be extended across multiple periods if desired.

>< Materials

Craft supplies:

- Required: Styrofoam balls (2 inch diameter recommended one per group),
- Recommended: pipe cleaners, wax paper, toilet paper rolls, cardboard, tissue paper, string (can use yarn, twine, etc.), Velcro, small, heavy items (pennies, rocks, magnets, etc.), feathers

Teacher's Guide (provided) Student Worksheet (provided) Dispersal Cards (provided)

Instructions

1. Before beginning the Classroom Activity, lead a classroom discussion on the key concepts outlined in the Teacher's Guide (adaptation, pollination, seed dispersal). Students should understand these basic ideas because they provide the context for the activity below.

- 2. Divide the class into groups of 3-4 and distribute the following materials:
 - One Dispersal Card per group ensure at least one version of each dispersal method is distributed
 - One Styrofoam ball per group this will be the basic "seed" that groups will have to adapt based on the dispersal method indicated on their Dispersal Card
 - One copy of the Student Worksheet per student to be completed during the activity
- 3. Place craft supplies at the front of the room and give students at least 30 minutes to craft their seeds and complete the worksheet. Encourage students to discuss their dispersal method and plan their seed design before choosing their craft materials - this will help ensure there are enough supplies for everyone.
- 4. As you circulate through the classroom while the students are building their seeds, ensure each group is on the right track. Consult the Teacher's Guide and check that each group has selected the correct materials for their dispersal method, and try to encourage a diversity of ideas between groups that selected the same dispersal method (if applicable). Note that to complete this activity, students must alter the basic seed they are given - groups should not submit the Styrofoam ball in its original condition as their finished seed.
- 5. When time is up, make sure all groups have finished building their seeds, and that each student has filled in the Student Worksheet.
- 6. Give each group 2-4 minutes to present their seeds to the class. Presentations should focus on the answers to the questions in their worksheets.
- 7. Once each group has completed their presentation, use the wrap-up section below to facilitate a discussion about the key concepts covered in the activity.

Activity at a Glance

Grade level: 3

Overall objectives: Examine the characteristics of plants and seeds to investigate the adaptations that allow them to disperse successfully in different environments

Key concepts: adaptation, pollination, seed dispersal - see Teacher's Guide for more information

By participating in the Need for Seed Classroom Activity, students will meet the following curriculum expectations:

- 1. Investigate similarities and differences in the characteristics of various plants, and ways in which the characteristics of plants relate to the environment in which they grow
- 2. Use appropriate science and technology vocabulary, including stem, leaf, root, pistil, stamen, flower, adaptation, and germination, in oral and written communication
- 3. Describe ways in which plants and animals depend on each other





Wrap-up and Discussion

Understanding the process of adaptation and seed dispersal is critical as students continue to build on their knowledge of plants and the environment. Ask students for examples of real plants that use each dispersal mechanism and how they've developed to be successful. Possible answers include:

Gravity: fruit tree

- Key features: This method usually occurs in fruits after they ripen. As they grow, the fruits become
 heavy, until eventually they reach full maturity and fall off the tree. Seeds are contained within the
 fruit, which will either break open upon hitting the ground or roll away from the parent tree after it
 drops. In many cases completing the process of seed dispersal requires additional spreading by
 animals that eat the fallen fruit¹.
- <u>Successful because</u>: Dispersal by gravity requires no additional external factors to occur, and as such is not weather or animal dependent. Because seeds do not travel very far, it is likely that they will land in an area near the parent tree, which has already been shown to provide the correct conditions required for successful plant growth. As such, gravity-dispersed seeds do not need to be produced in large quantities as the chance of germination success is likely to be high².



- <u>Key features</u>: Seeds must be light and feature accessory structures that allow them to travel in the wind. For seeds that carry through the air, feather-like "parachutes" (like those found atop a dandelion seed) are effective as they allow the seed to be carried long distances. Seeds that drift to the ground do not need to be carried as far, and will often have wing-like structures called samaras (like a maple key) that help to guide them as they fall³
- <u>Successful because</u>: This method of dispersal is weather dependent, but requires very little force to occur (students will certainly remember blowing on dandelion heads and watching hundreds of seeds spread far into the distance!). Because there is much less control on the spread of wind-dispersed seeds, plants that rely on this mechanism must produce seeds in large quantities to ensure germination success⁴.

Water: water lily, coconut

- <u>Key features</u>: Dispersal by water occurs in plants that live in water (like the water lily), or that grow near water (like a coconut). Seeds must have a tough or waxy outer coating to prevent them from becoming waterlogged, and they are usually buoyant to allow them to travel long distances⁵.
- <u>Successful because</u>: Seed dispersal in water is necessary for aquatic plants. The water lily, for example, produces a fruit that is buoyant and floats down current until eventually it sinks and germinates when it reaches the floor. This method helps guarantee the water lily's success as it ensures it stays in water (which is important as it can't grow elsewhere)⁶.

Animal: berries, common burdock (or "bur" plant)

- <u>Key features</u>: Animal dispersal can occur after an animal eats a seed or fruit and passes it in its excrement. This occurs with many species of birds that eat berries and pass their seeds, and typically relies on seeds that are contained within fleshy, nutritious fruits⁷. Alternatively, seeds can catch in the feathers or fur of animals incidentally anyone with a dog who has run through a field and come out covered in burs knows this strategy all too well! These seeds are housed in accessory structures that stick to fur or feathers and can have a Velcro-like appearance⁸.
- <u>Successful because</u>: Dispersal by animal vectors is an example of directed dispersal, in which seeds are more likely to end up in a location that is favourable for their germination. Seeds will be excreted or dropped in areas that are frequented by the animals necessary for their dispersal, which helps ensure that new generations of plants also have access to these important dispersers. In some cases, dispersal by animals can also help protect seeds from predators. This occurs with dispersal by ants that consume the seed coat of certain seeds but leave the seeds intact to germinate underground, away from the birds that would otherwise eat them.

Dict you know? Ring-tailed lemurs like Animal Ambassador Cosmo aren't just important for seed dispersal, they also play a role in the pollination of the trees they like to hang out in! Pollen gets trapped in their fur and spread between flowers as they bounce between branches looking for food.













+ Additional Discussion Questions and Activities

Why is it important for seeds to disperse at all? Possible answers include:

- The environment that the parent plant is growing in might have changed, and now seeds can disperse and have the chance to grow somewhere more favourable
- Too many seeds growing in the same area means too much competition between plants for resources (water, soil nutrients, etc.), which ultimately lowers survival

How did you determine what features were important to make your seeds successful? Possible answers include:

- Seeds that dispersed via gravity needed to be heavy when ripe
- Seeds that travelled by wind needed wing-like structures
- Seeds that were waterborne required a protective waterproof coating or shell
- Seeds that were spread by animals needed to be attractive to their specific vector

What do you think you could have done to improve your seeds? Possible answers include:

- Seeds that travelled by air could have been lighter (remove some of the Styrofoam from the base seed)
- Seeds that were waterborne could have been more buoyant (make lighter or add air sacs)
- Seeds that were spread by animals could have been more attractive to a wider variety of animals to increase their potential for pick-up and dispersal (more Velcro, or brighter in colour if they were to be ingested)



Take it to the Next Level (optional)

Take students outside (or ask them to complete the activity at home) and go on a hunt for seeds. Challenge students to find as many different types of seeds that they can, and facilitate a discussion on what the most likely dispersal method for these seeds would be, given their features.









Teacher's Activity Guide

Use this guide to facilitate a discussion on the Key Concepts below prior to leading the Classroom Activity.

Key Concept One: Adaptation Key Concept Two: Pollination Key Concept Three: Seed Dispersal Activity cheatsheet Student worksheet and example answers Dispersal cards

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Key Concept One: Adaptation

Adaptation is the process by which organisms develop traits that help them survive in their environments¹². Because these traits make the organism more successful, they are passed down from generation to generation until they become a common characteristic of the species as a whole. Flowers have developed adaptive traits that help increase their chances of being pollinated, like the bright petals that attract bees, and their seeds have also developed adaptive traits that help ensure their successful dispersal.

Adaptations come in many forms: they may be structural, with physiological traits developing in the organism, or they may be behavioral, in which an organism develops a behavior that increases its survival and reproductive success. Most adaptations are the result of a random genetic mutation that occurs in response to a change in an organism's environment, and if this mutation by chance improves the success of that organism it will continue to be passed down into future generations¹³.

In some cases, an adaptation is so significant that it leads to the development of an entirely new species. The Stickleback fish, common in freshwater lakes across North America, is sometimes recognized as two distinctive species after it developed structural adaptations that helped improve its ability to catch prey in different regions of the lake. The fish that live near the water's surface have become slimmer and faster to help them catch the plankton that filters through the open water, while their bottom dwelling counterparts are larger and better able to swim through the dense vegetation on the lake's floor¹⁴.

Many plant and pollinator species have coevolved to develop adaptations that are mutually beneficial. Bees prefer to pollinate plants that are bilaterally symmetrical (can be divided into only two identical halves) because this shape provides a "landing pad" that guides the bees towards the nectar¹⁵. It also conceals the nectar in a location that can only be accessed by a bee-shaped body, which prevents it from being eaten by wasps and other insects¹⁶. This preference creates a strong pressure on plants that are bee-pollinated to develop this general shape. In turn, the specific shape of a flower and the location of its pollen creates selection pressures for the bee that favour the development of traits that increase their access to this critical resource¹⁷.

Key Concept Two: Pollination

Pollination is the process that occurs when pollen from the male part (anther) of one flower is transferred to the female part (stigma) of another flower, causing seeds to develop. Pollen grains are small and light and can be transferred between plants by insects, animals, or simply carried in the wind. Pollinators are attracted to flowers since their nectar provides an important source of food, and it is during their feeding that the pollinator comes into contact with the pollen grains it will then transfer as it travels between plants. Pollination is a critical step in a plant's lifecycle – without it, plants wouldn't be able to make seeds and reproduce¹⁸.

Key Concept Three: Seed Dispersal

After pollination occurs and seeds have been produced, these seeds need to travel to a location where they can grow. The primary mechanisms through which seed dispersal occurs include:

- · Gravity: The simplest form of seed dispersal, in which seeds will fall from the parent tree once developed. Seeds don't usually have any additional features to help with their dispersal.
- Wind: Seeds drift through the wind after they've matured and are released from the tree. Seeds typically have accessory structures to help carry them in the wind.
- Water: Seeds will travel along a body of water until they reach a favourable spot for germination
- Animal: Animal vectors transfer seeds after ingestion or incidental contact

Did you know? Earth Rangers Animal Ambassador Dora loves her fruit! The black and white Tegu will eat berries and seeds, dispersing them later in her droppings.





The materials and features listed below are only suggestions, and students are encouraged to be as creative as possible when designing their seeds!

Dispersal method: Gravity

Suggested materials: Cardboard, heavy items

Key features: This dispersal method usually occurs with fruits, so students will effectively be making their "seeds" into fruits. They should be heavy to simulate a ripened fruit ready to drop from a tree, and they might be brightly coloured for attracting animals which usually completes the dispersal process in seed-bearing fruits.

Dispersal method: Wind

Suggested materials: Tissue paper, string, lightweight items

Key features: Accessory structures to help the seed carry in the wind (eg. parachute, wings). Students may also remove parts of the Styrofoam ball to make the seed lighter.

Dispersal method: Water

Suggested materials: Wax paper, additional items that would help a seed float

Key features: Seeds should have a waterproof coating, and students should attempt to make them buoyant. They can remove parts of the Styrofoam to make the seed lighter, or they can add air-filled accessory structures (like wax paper sacks – akin to water wings for seeds) to help the seeds float.

Dispersal method: Animal

Suggested materials: String, pipe cleaners, Velcro, additional items that would look appetizing for dispersers or sticky for fur/feathers

Key features: Seeds that are dispersed after ingestion should look appetizing to the animals that might eat them – they can be brightly coloured or big and juicy! Seeds that are spread by animal contact should use Velcro or pipe cleaners to stick to fur or feathers.



FNEEDFORSEED!

Student Worksheet

Name:	:	

The dispersal method our group drew from the Dispersal Cards was:			
1)	What was your goal when creating your seed, and how did you choose to change your basic seed to make it an effective disperser?		
2)	What materials did you use to adapt your seed to the dispersal method your group chose?		
3)	Why did you choose these materials?		
4)	If you could have used any supplies you wanted, in addition to the ones provided, what would you have chosen? How would they have made your seed better?		
5)	What type of ecosystem do you think your seed would do well in?		
6)	Based on its dispersal method and the features you gave your seed, what type of plant do you think your seed came from, and why? Think about what the plant might look like and how its design or adaptations might affect the dispersal of its seeds. Use the back of this worksheet to draw your plant!		



FNEEDFORSEED!

Student Worksheet

Name:	JANE

The dispersal method our group drew from the Dispersal Cards was:	GRAVITY
1) What was your goal when creating your seed, and how did you choose to change yo effective disperser?	ur basic seed to make it an
WE WANTED TO MAKE A HEAVY SEED THAT WOULD FALL OFF THE TREE A	AND WE WANTED IT
TO LOOK JUICY SO AN ANIMAL WOULD EAT IT AFTER IT FALLS, LIKE A F	RUIT
2) What materials did you use to adapt your seed to the dispersal method your group chose WE PICKED ALL THE HEAVY STUFF, LIKE PENNIES AND MARBLES	se?
3) Why did you choose these materials?	
HEAVY THINGS WOULD HELP THE SEED FALL OFF THE TREE AND THE PE	NNIES LOOK NICE
TO ATTRACT AN ANIMAL	
4) If you could have used any supplies you wanted, in addition to the ones provided, what would they have made your seed better?	vould you have chosen? How
WE WANTED TO USE SOMETHING SWEET LIKE HONEY - THIS WOULD RE	ALLY MAKE THE
ANIMALS WANT TO EAT THE SEED!	
5) What type of ecosystem do you think your seed would do well in?	
SOMEWHERE THERE ARE LOTS OF ANIMALS, LIKE THE JUNGLE	
6) Based on its dispersal method and the features you gave your seed, what type of plant of from, and why? Think about what the plant might look like and how its design or a dispersal of its seeds. Use the back of this worksheet to draw your plant!	-
THE SEED PROBABLY CAME FROM A BIG TALL TREE BECAUSE IT'S HEAD	NY SO IT HAS TO
FALL A FAR WAY TO THE GROUND	





YOUR SEED IS DISPERSED... BY WIND!



YOUR SEED IS DISPERSED... BY WATER!



YOUR SEED IS DISPERSED... BY WATER!



YOUR SEED IS DISPERSED... **BY GRAVITY!**



YOUR SEED IS DISPERSED... **BY GRAVITY!**



YOUR SEED IS DISPERSED... **BY ANIMALS!**



YOUR SEED IS DISPERSED... BY ANIMALS!



References and additional resources

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